

*The most powerful and under-used gift  
we can bestow upon each other,  
in our living as well as in our dying, is  
our attention.*

A workshop about  
**"Listening Well"**  
For anyone who wants to expand their communication skills



**Ruth Chapman**  
is a communication practitioner,  
mediator and facilitator with a  
special interest in  
conflict resolution.

Listening .....

To pay attention  
to some-one in  
order to hear what  
is being said.



Miriam Webster Dictionary



**Piers Heaney**  
is a grief specialist, adult  
educator, clinical supervisor,  
trauma debriefer and author.

Together, we'll introduce you to models and concepts which can guide you when you listen and we'll provide opportunities to practise and experiment, all in a fun and safe learning environment.

The skills offered will be widely applicable but attending to issues of conflict and grief will be used to demonstrate the learning.

*To listen to a person is  
not passive."*  
– Elizabeth Strout,

*"Listen with your eyes  
as well as your ears."*  
– Graham Speechley

*Listen with the will to  
learn."*  
– Unarine Ramaru

**WHEN:**

**Friday 16 August:** 1.-4.30pm

**AND**

**Saturday 17 August:** 9.30—1.00 pm

A further optional half day follow-up session is included in the fee. The date/time of this will be negotiated with the group.

**WHERE:**

Alexander McMillan Room  
Community house  
Moray place  
Dunedin

**HOW MUCH:**

\$75.00 for 3 sessions  
Includes afternoon tea.

**REGISTER:**

**Email:** heaneypiers@gmail.com

*A good listener is a  
witness, not a judge of  
your experience."*  
– Michael P Nichols,



**PARKING WILL BE AN ISSUE. PLEASE ALLOW TIME FOR THIS.**